

Eyebrows, when he could. The son spoke of the sadness that came from his own life review, which started before he passed. because in the coma he was more in the Spirit Realms than the earth plane. His Mother received the forgiveness for her efforts to have his life support shut down.

So we journey through this life facing daily changes in the seasons, which are part of the need of the Spirit to learn. Hopefully most of us will learn to cope with those changes. Those who fail will not be left behind when they return to Spirit; as the young man I just spoke of was not left.

As Spiritualist's we know that we are offered Eternal Progress whatever we have done in this life. However, if we look at our learning from each season of life and each "season" within that season it helps to place them into the context of lessons to help us grow. Some of these seasons may be so harsh that they affect us for years but if we can move past them then we will become stronger.

The realisation that your loved ones have survived, they now live in a Spirit world, where they can find new growth, is a great comfort. It should also be remembered that there are those in Spirit that would help you on this physical journey. These are not just your friends or relatives they are specific Spirit guides or helpers who stand with you on this journey.

Whatever the season, or mini season, you are experiencing they are around, waiting for you to start the journey of discovery whilst in this physical life.

Whenever the season your life is in now turns to winter, remember they are there and draw strength from the knowledge their love surrounds you. Strength is what will help you through, but in dealing with these issues you may find you develop skills which you can use to help others in an act of service to mankind.

I will end this by an extra musical excerpt. As a Pom I remember this from the version of Turn, Turn, Turn recorded by the Byrds but many Australians will remember the version by the Seekers

To everything,
 There is a season,
 And a time for every purpose under heaven.
 A time to be born, a time to die,
 A time to plant, a time to reap,
 A time to kill, a time to heal,
 A time to laugh, a time to weep
 I hope that for all of you the next season is one of happiness

Jim Warwood, Mission Leader; 10th September 2023

The Seven Principles of Spiritualism

1. **The Fatherhood of God.**
2. **Brotherhood of Man.**
3. **Communion with Spirits as Ministering Angels.**
4. **Continuous Existence of the Human Soul.**
5. **Personal Responsibility.**
6. **Compensation and Retribution hereafter for all the good or evil deeds done here.**
7. **A path of eternal progress open to every human soul that wills to tread it by the path of eternal good.**

UNLEY SPIRITUALIST ASSOCIATION

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Newsletter Issue No. 199 Sept.- Oct. 2023

Our Events – Open to Everyone to attend

SUNDAY 10 th Sept. 2.30-3.45	Maxina & Chris BY Donation
WEDNESDAY 13 th Sept 7-8.30pm	SPIRITUAL HEALING CLASS With Louise Pearton \$10 (\$5 Conc.) All welcome
WEDNESDAY 20 th Sept 7-8.30pm	SPIRITUAL HEALING CLASS With Louise Pearton \$10 (\$5 Conc.) All welcome
SAT 23 rd Sept. 2-4pm	Open Development Group with Susan Lilly \$10
SUNDAY 24 th Sept. 2..30-3.45	Dianne Martin BY Donation
WEDNESDAY 27 th Sept 7-8.30pm	SPIRITUAL HEALING CLASS With Louise Pearton \$10 (\$5 Conc.) All welcome
WEDNESDAY 4 th Oct 7-8.30pm	SPIRITUAL HEALING CLASS With Louise Pearton \$10 (\$5 Conc.) All welcome
SUNDAY 8 th Oct. 2..30-3.45	Susan Bugg Bring a flower BY Donation
WEDNESDAY 11 th Oct 7-8.30pm	SPIRITUAL HEALING CLASS With Louise Pearton \$10 (\$5 Conc.) All welcome
WEDNESDAY 18 th Oct 7-8.30pm	SPIRITUAL HEALING CLASS With Louise Pearton \$10 (\$5 Conc.) All welcome
SUNDAY 22 nd October 2..30-3.45	Susan Lilly By Donation
WEDNESDAY 25 th Oct 7-8.30pm	SPIRITUAL HEALING CLASS With Louise Pearton \$10 (\$5 Conc.) All welcome
SAT 28 th October 2-4pm	Open Development Group with Susan Lilly \$10
WEDNESDAY 1 st Nov 7-8.30pm	SPIRITUAL HEALING CLASS With Louise Pearton \$10 (\$5 Conc.) All welcome
WEDNESDAY 8 th Nov 7-8.30pm	SPIRITUAL HEALING CLASS With Louise Pearton \$10 (\$5 Conc.) All welcome

4 Seasons in one Day --From a talk I Did on 28th July 2013

When I asked my guide for inspiration all I could get was the phrase Four Seasons in One Day. A musical clue, most people know the Crowded House Song, ostensibly inspired by Melbourne weather it's actually much deeper and darker than that apparent fact suggests.

Four seasons in one day

Lying in the depths of your imagination

Worlds above and worlds below

Sun shines on the black clouds hanging over the domain

Even when you're feeling warm

The temperature could drop away.

Like four seasons in one day.

Songs and poems often mirror the similarities of the cycles of life to the seasons of the year. Simply they can reflect the stages of ageing but I also feel that there are elements of the seasons within each phase of our life.

In its simple sense physical life is a journey through the seasons

Spring represents the growth through childhood to maturity, the time hopefully for learning and having fun.

Summer sees the early phases of adult life taking us through to a time when we notice the beginnings of a further change within us a period where one may hope that we have become much more aware of who we really are.

In Autumn, hopefully we are more mature and the learning we have received bears fruit on the life we are living.

Then we reach the first stages of winter's journey, the progressive decline of the abilities of our physical body as we move towards our journey back into Spirit.

Apparently, this is a simple progression in life but, in reality a truly complex journey.

We start with birth, when our physical being, and our spiritual being come together. How and why, we chose to join the family we did, the parents or the particular material life is another subject; albeit that choice has a massive impact upon the journey each of us takes in this life and the way our seasons will unfold. Indeed, when I revisited this talk I found that I no longer, readily accept that we choose our place in this life.

Upon arrival we have three distinct elements of our being. Well, before people talked of Auras and Chakras, Spiritualists talked of the Triune Man, effectively the Spirit (or often and confusingly the soul) the Perispirit or energetic body and the physical body. The Spirit, being of God, the perispirit is the energetic structure that holds the physical body and spiritual body together. Then there is the physical body the genetic gift from your parents and ancestors. This family DNA does not just contain the factors that govern our physical looks and our physical or mental skills it contains the memories of all our ancestors. Information about how they lived their lives and the embedded skills inherent in all humans, such as breathing and completing the myriad of tasks to survive life the Ghost in our Genes and ones that may be activated by regression therapy.

So now we are born we start the first part of our journey through life, the Spring. Starting with the first growth, the first movements to learn what life is about. Each of us is a totally unique being, albeit twins, or other multiple births, may have close links. The Spirit within us may carry the same divine essence but that essence is sent out on a path of learning, through a physical journey which cannot be replicated by any other person. This is because of the unique combination of the physical, mental, emotional, and material states in which we find ourselves living.

Some of us may start our spring in a happy place which seems full of light, however, it is certain that there will be differences for every one of us leading down to first experience of life in a very difficult, almost dark, environment.

To some the first stage of life may be like winter to others spring. If I think of my own childhood, I was born last of 5 children, youngest by 5 years, the accident, or maybe a war baby because my father knew it was likely he would be posted to the Korean War. My father had been pushed to become an army officer, leaving his established life as a senior warrant officer. He was posted away in Lancashire and my mother had been moved into officer's quarters in London from her friends in warrant officers' area. With age and class differences this was a new and difficult experience for her.

So, the first part of my spring was in a very difficult period of my mothers journey in summer, when whatever she may have been expecting in life was turned completely around by my late arrival and my father's work. Indeed, to my memory my father popped into view fully formed some years after I was born.

Still, it was a better start than very many other children had, except the 5 year gap would always partially separate me from my siblings through my early years. Indeed, the way the life played out led to me spending a large part of the time entertaining myself when I was not in school. It gave me the chance to explore books, but it also made me become almost too self-reliant.

All I wish to do with this information is to share the thoughts of this time, just as you will naturally consider your own childhood, to realise what it brought into your life. It is important because our journey is one of learning and it is important to accept all that has gone on in your life as just a part of this experience.

In the middle of the happiest Spring winter can suddenly arrive with for example the loss of loved parent. The latter days of Spring can also bring many turmoils as you set out to establish a place of your own in the world, to seek independence and explore all elements of emotional engagement. How many winters of the heart have people suffered before they reach their summer years.

Probably I do not need to repeat the flow of events in life between spring and winter in the remaining seasons that you have, so far, reached in your life.

However, each of these events, happy or painful, adds to the knowledge that the Spirit collects during its journey in this physical body. Living a simple fruitful life in each season is probably what we would all like, were the world an idyllic place.

There is a difficulty to this of course. How would we each define idyllic from the standpoint of the life we have led and the way we were brought up? It would be like defining one favourite colour for all people or one style of music; would it include dangerous physical sports, eating meat, smoking etc.

One of Spiritualisms key ideas is that we have free will; to create one man's idyllic life would impose directly upon that of others. In addition, if life was perfect what lessons could the Spirit learn to benefit their progression by coming to the earth plane.

Yes, freewill also has to be tempered. Absolute freedom is defined in each country buy the accepted moral, religious and legal code.

Spiritualism would also suggest that the individual should consider that our principles call on us to remember there is a greater power, that of God. We are also reminded that we are all one because all of us continue to exist after death, we are all a part of the divine so we should treat everyone, regardless of race, sex, or religion in the same way.

How we act or fail to act is part our Personal responsibility and once we move back to the Spirit World we will face one of our most difficult experiences, the review of our life in this physical journey. I recently did a very emotional reading for a person who had lost their son, he had overdosed and remained alive in a coma for 10 years; communicating only by raising his